## Chesapeake Terrace Elementary School

443-809-7505

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September 29, 2023

Dear Parents/Guardians,

As part of our School Counseling Program, your child's class will have the opportunity to engage in a counseling lesson monthly throughout the school year. In the month of September, this counseling lesson will focus on the students learning the name of the school counselor and the role they serve in the school building. Additionally, students will identify the theme of resilience. They will have the opportunity to examine their own experiences to see what makes them resilient.

In the month of October, students will discuss the topic of bullying. In this lesson, students will discuss what bullying behavior looks like, for example forming alliances and intimidation, and how to address these things if they occur.

The goal of the monthly core curriculum counseling lessons is to help promote the social emotional, academic, and career development of our students. I encourage you to discuss the content of the lesson with your child and help them reflect on the content. Please feel free to contact me with any questions about the program. I can be reached via phone at 443-809-8966 or via email at <a href="mailto:pbeckmann@bcps.org">pbeckmann@bcps.org</a>.

Sincerely,

Patricia Beckmann School Counselor

