

April's Restorative Review



Monthly Virtue

Throughout the month of April we have been focusing on the virtue of **flexibility**, which is being open to change. It means not always having things go your way. It is being open to the opinions and feelings of others and being willing to change your mind about things.

Self-discipline affirmation: *I am flexible. I keep changing for the better. I look for new ways to do things. I welcome surprises.*

May's Monthly Virtue: **cooperation**

You and your child are practicing flexibility when you...

- Learn from your mistakes
- Are willing to change bad habits
- Try imaginative new ways to do things
- Don't insist on always getting your own way
- Can adjust when something unexpected happens
- Go with the flow



What books are you reading this month? Consider starting a routine where everyone in the family is reading at a specific time every day. Modeling that you are a reader is a great way to motivate your children to read.

Reading Review

In April, we are celebrating Earth Day and our responsibility to take care of the Earth! Celebrate this month with your child by reading about nature, spring, gardening, or conservation. Because April is national poetry month, we are also focusing on this genre throughout the month. Poems are easy ways to get children started reading because they are usually short, fun, and detailed. Poetry is also great to reread to work on fluency.

Counselor's Corner

April's guidance topic is Coping Skills. PARCC testing grades will be specifically addressing how to cope with test taking anxiety since testing begins April 26th!

Lunch groups topics are Friendship, Social Skills, and Transitioning to Middle School.

Bus Safety Reminders:

As we enter the last quarter of the 2018-2019 school year, we would like to remind families of the bus safety expectations and rules. Please remember that the BCPS Student Handbook is applied to all bus behavior. While riding the bus to and from school and on school-sponsored field trips, students should:

- Remain seated at all times
- Keep hands, heads, and items inside bus (not out windows)
- Adhere to bus-driver assigned seats (for those buses that have them), even if there is a substitute driver
- Keep voice levels at a low volume
- Refrain from the use of electronic devices, including cell-phones



NURSE'S NOTES:

April Showers Bring.....ALLERGIES

Please know we have 4 to 6 more weeks of allergy triggers☹
Pollen, leaves, freshly cut grass etc.

If your child demonstrates persistent congestion, sneezing, headache and/or sore throat, please discuss the management with your health care provider. There are many NON DROWSY child allergy medications.

Baltimore County **does not** provide any medication in school for allergy symptoms.

Attention 5th Grade Parents:

5th grade students received their medical packets from the middle school. Please return all forms to your child's middle school for the 2019-2020 school year.

SPRING CLEANING!

Please send in any clothing (must be from a smoke free home) from this winter that you wish to donate to our school community – especially coats and pants in all sizes. We greatly appreciate your “hand me downs” .