

# October's Restorative Review



## Monthly Virtues

For the month of October, we have been focusing on **RESPECT**, which is an attitude of caring about other people and treating them how you would like to be treated. Teachers have been teaching, discussing, and modeling this trait at school. We have also been awarding students for their demonstration of respect through our Weekly Virtues Winners Awards which are featured on our School Story on Class Dojo and will be recognized at the 1<sup>st</sup> Marking Period Awards Celebration.

**Respect Affirmation:** *I am respectful. I treat others and myself as we deserve to be treated. I show courtesy to everyone. I learn from the wisdom of elders.*

## Questions to ask your child about Respect:

- How would you show respect if you disagree with your teacher?
- How do you feel when people treat you respectfully?
- Name three ways to show respect.
- Name the school rules. How do they help keep things peaceful and orderly?
- What are ways we need to respect our bodies?



## Reading Review

October is Bully Awareness Month. Celebrate this month with your child by reading about how to choose kind words and actions, as well as how to be a friend. During the month of October, we are also focusing on realistic fiction. Encourage your child to pick out books in this genre.

## Class Dojo Update

Class Dojo continues to be a great way for parents and teachers to communicate student behaviors throughout the day. Remember to also check out our School Story and your child's Class Story for updates about what is happening throughout the school building. Not yet connected? Ask your child's teacher for a code.

It's easy to get your child to read more when you get them hooked on a series. Some favorite book series include *Fancy Nancy*, *Frog and Toad*, *The Magic Treehouse*, *Ivy and Bean*, *Goosebumps*, *A Series of Unfortunate Events*, *Harry Potter*, and many more! Can't get your child hooked on a series? Rereading his or her favorite books and poems can help kids develop fluency.

## Counselor's Corner

This month is Bullying Prevention month! Students will be discussing bullying prevention strategies during classroom guidance with Mrs. Bounds. This month's virtue of Respect complements CTES being bully-free! During Bully Prevention Week (Oct. 22-26) students will be signing a pledge to not be a bully inside or outside of school. Red Ribbon week is Oct. 23-31<sup>st</sup>. During this week, students will be signing a pledge to be drug free! CTES will be celebrating both events with a Spirit Week.

Mrs. Bounds will be doing Friendship and Social Skills groups with students during lunch!

### Nurse's Notes:

The advent of fall brings more allergic triggers to our air such as molds and mildew. Even as the weather turns cool, pollen still remains through the end of October 😊

Many children are exhibiting allergy-related nasal congestion, headaches and very "raw" sore throats. Please discuss any persistent allergy symptoms and management with your child's healthcare provider. Baltimore County Schools do not provide medication for allergy symptoms in school. There are many **NON DROWSY** formulas available over the counter that are safe and effective for children. Oral Benadryl can make children drowsy during the school day.

Please be certain to update Nurse Box with any health changes or challenges your child may have recently developed. Nurse Box can also assist with behavior and/or attention concerns you may have regarding your child. Her direct line is 410 477 6785. Her contact email is [mbox@bcps.org](mailto:mbox@bcps.org)

**Weather in October can vary greatly day to day. Please try and send in a sweater or jacket with your child in the event a temperature change exists during the day.**



### GET YOUR FLU SHOT!!!!

This shot protects against MANY flu strains and enables your immune system to ward off the many viruses we face SOON!

### Donations Needed

We welcome any coats/jackets/leggings/pants from **NON SMOKING** homes you may wish to donate.

