

# February's Restorative Review



## Monthly Virtue

Throughout the month of February we will be focusing on the virtue of **UNITY**, which is coming together and living and working peacefully. Unity comes when we value each person. It is cooperating, working together and helping out everyone, no matter what.

**Unity affirmation:** *I am in unity with others. I appreciate differences. I do not support prejudice. I am a peacemaker. I care for the earth and all living things.*

**March's Monthly Virtue:** **Self-Discipline**

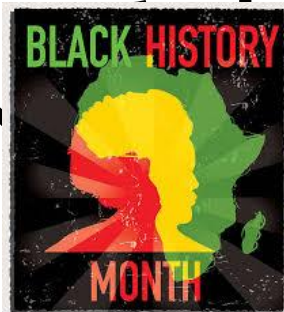
You and your child are practicing **UNITY** when you...

- Treat all people as members of one human family
- See the gifts in differences
- Refuse to join in when others express prejudice
- Solve conflict through listening and finding solution
- Care for the earth and all living things
- Act like a peacemaker wherever you go

## Reading Review

In February, we are celebrating Black History Month! Celebrate this month with your child by reading about famous African Americans.

Consider having your child check out BCPS and/or BCPL e-books on a tablet or phone. This is a fun way to encourage your child to stay motivated about reading.



Biographies are great ways to get your child reading about interesting people. Consider searching out biographies of someone your child finds fascinating.

## Counselor's Corner

February's guidance topic is **Appreciating Differences**. Mrs. Bounds is having lunch bunches for social skills, friendship and anxiety throughout the month of February.

## NURSE'S NOTES:

We are still seeing many GI and respiratory viruses in our community. Given the rollercoaster temperatures in the coming weeks, these may persist for several weeks!!!

PLEASE be vigilant with hand washing in your homes using soap and water!!!! Hand sanitizers are less effective, but still a good substitute. PLEASE also clean electronic devices and tablets thoroughly, including cell phones, game controllers, tablets and laptops. These things are common hosts for viruses. In addition, regular laundering of linens and towels is also helpful.

**Brrrrr....**

We anticipate cold weather to return. Please contact Ms. Box or Mrs. Bounds if you have need of winter coats, hats or gloves.



## MAP Testing...

will occur throughout the month of February. On the day of your child's testing please make sure they get a good night of sleep the night before, eat a healthy breakfast, and arrive to school on time. See the CTES Calendar for specific testing dates or call the school office.